

## **College Survival Skills Course**

### **ADULT BASIC SKILLS COLLEGE ACADEMIC READINESS (CAR) PROGRAM PIEDMONT COMMUNITY COLLEGE**

#### **COURSE DESCRIPTION:**

The College Survival Skills course is a non-credit course designed to provide adult learners with the necessary skills to become successful college students. Workshops covering a wide variety of college skills deemed necessary for students to be successful are conducted on a weekly basis. Topics covered will include college admissions, financial aid, college survival skills, college computer skills, and career exploration. Staff from the TRIO program and counselors from Student Development will serve as the facilitators for these workshops.

#### **COURSE DURATION:**

20 hours/10-week sessions (2 days/week, 1 hour/day)

#### **Required Texts/Resources:**

Resources will be provided for students at the beginning of each workshop.

#### **Course Objectives:**

Upon completion of this course, students will complete the following objectives through a series of workshops:

#### **College Admission Assistance**

##### **Students will be able to:**

- a.) Fill out college applications
- b.) Complete college essays
- c.) Register for college classes
- d.) Communicate effectively with admission counselors

#### **Financial Aid Assistance**

##### **Students will be able to:**

- a.) Read and understand the FAFSA form
- b.) Complete the FAFSA form
- c.) Submit the FAFSA form

## **College Survival Skills**

### **Students will be able to:**

- a.) Demonstrate an understanding of the dynamics of preparing for college
- b.) Demonstrate how to study for success
- c.) Understand college language/literature (ie., course syllabus, college handbook, grading scales)
- d.) Become familiar with college policies, procedures, and the college campus
- e.) Practice effective Time Management skills

## **College Computer Skills**

### **Students will be able to:**

- a.) Access and navigate blackboard
- b.) Access and send e-mails
- c.) Use Microsoft Word and Excel

## **Career Exploration**

### **Students will be able to:**

- a.) Explore career interests using various career assessments
- b.) Identify strengths and weaknesses using the Strength/Weakness Inventory
- c.) Understand financial literacy
- d.) Complete Myers-Briggs/Strong Inventory

## **Suggested Course Schedule:**

Week 1: College Admission Assistance

Week 2: “ “ “

Week 3: Financial Aid Assistance

Week 4: College Survival Skills

Week 5: “ “ “

Week 6: “ “ “

Week 7: College Computer Skills

Week 8: “ “ “

Week 9: Career Workshops

Week 10: “ “